

Crisp Salads Nutrition Information June 2024

name	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Total Carbs	Dietary Fiber	Sugars	Protein
Marionberry Vinaigrette Dressing	100	10	0.5	0	125	5	2	< 1	0
Vegan Caesar Dressing	150	11	1.0	0	380	7	2	< 1	5
Blue Cheese Dressing	160	15	5	25	470	2	0	1	5
Honey Mustard Dressing	200	17	1.0	0	660	7	0	7	0
Chipotle Dressing	220	24	1.5	0	260	< 1	0	0	0
Garden Ranch Dressing	250	28	2.0	0	115	< 1	0	0	0
Balsamic Vinaigrette Dressing	290	31	2.0	0	220	6	0	4	0
Emma's Detox Salad	290	20	2.5	0	210	28	11	13	6
Greek To Me Salad	310	12	4.5	15	610	39	12	9	17
Hail to the Kale Salad	340	11	1.0	0	280	33	15	4	22
San Pancho Salad	480	30	5	15	690	46	18	6	16
NoPo Salad	520	32	3.5	50	1380	40	9	19	29
Chopped Cobb Salad	570	38	11	255	1100	19	12	7	40
Crispy Chicken Salad	570	31	9	70	1090	37	8	25	34
Chicken Caesar Salad	830	60	16	240	1650	24	13	7	49
2 Bean Chili	430	9	1.0	0	540	73	17	9	19
Thai Yum Curry Soup	310	30	26	0	550	11	4	5	3
PDX Bowl	1010	18	2.0	0	590	173	29	9	42
Sunshine Bowl	470	36	27	0	610	34	8	6	10